

THE WOMB TWIN HYPOTHESIS

I believe that wombtwin survivors spend their lives recreating the events that took place in the womb that resulted in the death of their twin. Nothing – not personal happiness, satisfaction, or even life itself - is more important than that. As a result they end up living only half a life. They re-live constantly the death of their twin and all the grief and pain that goes with that. Only when this “womb-script,” (which underlies all attitudes, beliefs and behaviour in born life) is clearly understood, can the womb twin survivor begin at last to live life to the full.

Signs and indications of a possible twin pregnancy resulting in the birth of one baby

1. The mother's pregnancy

- Mother abnormally large around the waist in the first three months
- First trimester bleeding
- Complete miscarriage but pregnancy continued
- Suspected miscarriage but pregnancy continued
- Attempted abortion but pregnancy continued
- Doctor or nurse suspected twin pregnancy
- Another person suspected twins
- Mother experienced blunt trauma in accident or assault when pregnant
- Mother experienced infection during pregnancy
- Mother experienced severe trauma during pregnancy
- Mother experienced starvation through illness famine or hyperemesis

2. Features of labour and delivery

- Mother took hyper-ovulation drug (eg. Clomid)
- More than one embryo transplanted after IVF
- Sub-optimal pregnancy

3. Labour and delivery

- Birth was traumatic
- Breech birth
- Small for dates
- Placenta unusually large

4. Physical evidence of the lost twin after delivery

- Ultrasound evidence of second sac
- Additional sacs or cords found
- Fetus papyraceous
- Marks or lesions on the placenta
- Twin stillborn

5. Indications of a missing twin in body of survivor

- Dermoid cyst
- Teratoma
- Fetus in fetu
- Sexual organs of opposite sex
- Secondary sexual characteristics of opposite sex
- Cerebral palsy in the survivor
- Birth defects in survivor
- Split organs
- Congenital abnormality
- Left handed
- Ambidextrous
- Chimerism
- Mosaicism

6. Twinning

- Fraternal twins in family
- Identical twins in family

The characteristic psychological signs appear to be:- feeling alone among friends; a feeling that something is missing; constant restless searching, a fear of abandonment; a tendency to hold onto things; persistent unexplained emotional pain; knowing that you are not realising your true potential; sabotaging relationships.