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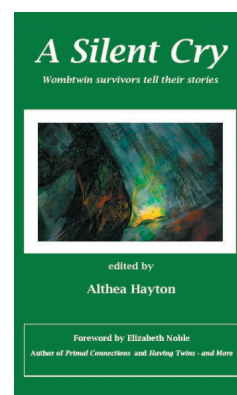


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	Not out of Mind	£9.99	
	Prayer in Pregnancy	£3.75	
	Lucy's Baby Brother	£3.95	
	The Silver Bird	£3.95	
	The Lonely Halo	£5.50	
	SPECIAL OFFER:- all five books listed above	£25.00	
	Food and You: Stage one	£6.99	
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	I'll Never Walk Alone	£9.99	
	Untwinned	£15.99	
	A Silent Cry	£9.99	
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A SILENT CRY: Wombtwin Survivors Tell Their Stories

Edited by Althea Hayton
213pp 125 x 202mm paperback book Price £9.99
Wren Publications 2008 ISBN 978-0-9557808-0-6

A collection of seventy poignant personal stories written by wombtwin survivors - that is, the sole survivors of a twin or multiple pregnancy. Edited by Althea Hayton, Project Director of Wombtwin.com, with a foreword by Elizabeth Noble, author of "Primal Connections" and expert on pre-natal psychotherapy.

These stories, published anonymously, reveal that the loss of a twin before birth leaves a marked impression on the survivor. They describe some of the physical signs that there was once a twin. They also reveal that there is a deep psychological effect on the surviving twin which takes many forms, including a sense of something missing, imaginary friends and feeling strangely alone, even among friends. The longer stories describe a long and difficult journey in search of healing - a journey that ends with a ritual of letting go. The anthology includes a glossary and Althea's personal story as an epilogue, for she is a wombtwin survivor herself.

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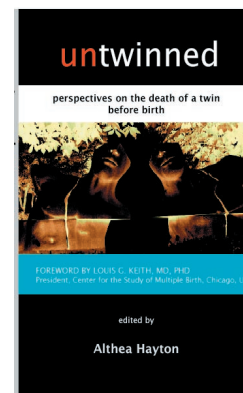
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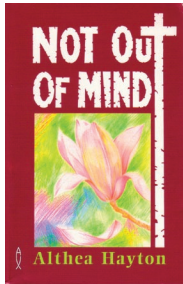


UNTWINNED:

perspectives on the death of a twin before birth
Edited by Althea Hayton

264pp 125mm x 202 mm paperback book Price £ 15.99
Published 2007 by Wren Publications ISBN 0-9525654-9-8

It is now known that for every twin or multiple pregnancy which results in more than one baby being born, there are ten such pregnancies where only one surviving baby is delivered. The loss of a twin shortly before birth has a considerable impact on the life of the surviving sibling. This is a collection of 20 contributions by surviving twins and experts from around the world that collectively reveal the amazing truth of how it feels to be the sole survivor of a twin or multiple pregnancy.



NOT OUT OF MIND

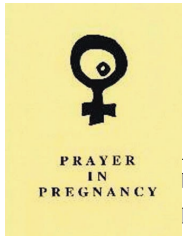
Written and edited by Althea Hayton

207pp 197mm x 130mm Paperback book Price £9.99

Published 1998 by Arthur James Distributed by Wren Publications

ISBN 0-85305-441-X

A comprehensive and detailed guide for anyone who wishes to provide services of prayer and memorial for families bereaved by miscarriage, still birth, or neonatal death. 21 individual model liturgies for every situation, including a funeral for a stillborn baby, a Roman Catholic mass and several styles of baby bereavement service.



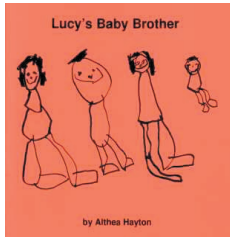
PRAYER IN PREGNANCY

Written by Althea Hayton Illustrated by Francine Holland

56pp 105mm x 146mm Paperback book Price £ 3.75

Published 1996 by Wren Publications ISBN 0-9525654-0-4

An illustrated collection of prayers about the joys and sorrows of pregnancy and birth, written by Christian men and women from all over the British Isles. The prayers are illustrated with images of flowers and seeds. From the moment of conception, and as pregnancy proceeds to birth, there is a prayer for every step of the way - at times of greatest joy and in difficult times. An unusual collection of prayers.



LUCY'S BABY BROTHER

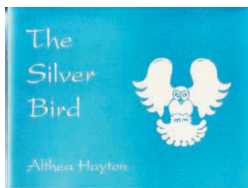
Written by Althea Hayton Illustrated by John Farrell

28pp. 175mm x 175mm Stapled booklet Price £3.95

Published 1995 by Eddington Press Distributed by Wren Publications ISBN 1-872067-15-0

This is Lucy's story. She is four years old and her new baby brother Tom, whom she has never seen, dies aged just one day. This book is intended for adults and children to read by themselves or together. Some important questions are posed

for consideration: should Lucy see and hold the baby or attend the funeral? The line drawings are honest and readily understandable for young children, and are the first artwork by John Farrell.



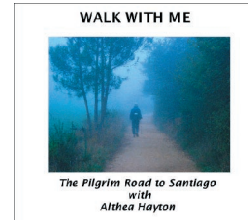
THE SILVER BIRD

Written by Althea Hayton Illustrated by Tina Wigan

40pp. 150mm x 270mm Stapled booklet Price £3.95

Published 1996 by Wren publications ISBN 0-9525654-1-2

The story of Lula and Ley and their little silver bird, who flew away without saying goodbye. It is an allegory of the experience of miscarriage, stillbirth or neonatal death and the effect of this on the relationship between the parents of the baby. Designed to be read by parents after a miscarriage, stillbirth or neonatal death. It is an enchanting and moving story, a helpful guide and a useful training text on the subject of grief in families. The illustrations are the first published work by Tina Wigan. They provide enduring images that help to increase the emotional impact of this tale.



WALK WITH ME

The pilgrim road to Santiago with Althea Hayton

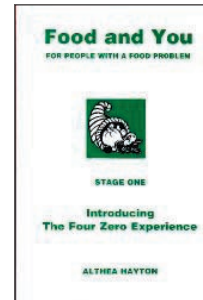
Edited by Phil Richards

Boxed set of 3 audio CDs with 32 page booklet Price £14.99

Published 2006 by Verulam Productions Distributed by Wren Publications

ISBN 0-9535654-7-1

Recorded by Althea Hayton using her own equipment while making a 400-mile pilgrimage along the Camino de Santiago in Northern Spain in September 2005. A series of 30 meditations to document the inner, spiritual journey. Each recording consists of a short meditation, a short story to illustrate the theme and a short prayer.



FOOD AND YOU STAGE ONE:

Introducing the Four Zero Experience

Written by Althea Hayton

134 pp 128mm x 196mm Paperback book Price £6.99

Published 2000 by Wren Publications ISBN 0-9525654-3-9

The first volume to be published of the FAST four-stage guide to eating problems, centred on the concept of addiction to food. This volume is the introduction to the Four Zero Experience, which is just three weeks of eating according to the Four Zero Plan. Anyone who is willing to try it will quickly uncover the secret of their problem with food: addiction. Any person with a

food problem can create a varied diet made up of real, fresh whole food ingredients - even in the most hardened and dispirited food addict!



THE LONELY HALO

Written by Althea Hayton

69pp 150mm x 210mm Stapled booklet price £5.50

Published 2003 by Wren Publications ISBN 0-925654-6-3

A story about an ordinary family; Andy, Liz and their children Laura and Ned. It describes how the family coped when Liz died suddenly when Laura was nine and Ned was just four. Simply told, this story describes how the children and their father coped with their feelings of grief during the first year after Mummy died. Suitable for adults to read with children or for children to read on their own. Simple language for children on every facing page, full explanatory notes

for adults on every reverse page.



I'LL NEVER WALK ALONE

Written by Judith Smart

228 pp Paperback book

Published 2007 by Wren Publications ISBN 0-9525654-4-7

Judith Smart is severely disabled with cerebral palsy and all her life has struggled to maintain her independence. In her autobiography she reveals some private problems and secret struggles that able-bodied people may not always recognise, particularly the lack of empathy and respect that disabled people so often encounter. Judith's gentle and patient nature has enabled her to triumph over loneliness, cancer and neglect and transform these problems into opportunities to learn and grow.